

| Pl | Name | Jg | Verein | Zeit |
|-------------------------|------------------------|----------------------------|----------------------|--------|
| Damen Lang (4) | | 20.8 km 400 Hm 13 P | | |
| 1 | Faltejsková Jana | 76 | SV Mietraching | 90:43 |
| 2 | Schöps Sarah | 03 | OLV Landshut | 112:48 |
| 3 | Schmidt Johanna | 92 | SSV Planeta Radebeul | 127:21 |
| 4 | Forster Franziska | 74 | Ritzlbiaga | 142:25 |
| Herren Lang (19) | | 20.8 km 400 Hm 13 P | | |
| 1 | Faltejsek Lukáš | 77 | SV Mietraching | 77:12 |
| 2 | Bernt Franz | 79 | OC München | 81:22 |
| 3 | Weinig Peter | 71 | OC München | 83:04 |
| 4 | Mikulas Jan | 88 | SV Mietraching | 87:50 |
| 5 | Valentin Georg | 63 | Ritzlbiaga | 96:21 |
| 6 | Kübler Hansjörg | 64 | OC München | 97:31 |
| 7 | Romo Sáinz Javier | 86 | - Gilching - | 99:07 |
| 8 | Kilgert Hans | 49 | OLG Regensburg | 104:55 |
| 9 | Werthmann Gerhard | 52 | OLV Landshut | 105:50 |
| 10 | Hertling Stefan | 64 | Post SV Landshut | 107:55 |
| 11 | Kozhevnikov Arist | 80 | OC München | 109:11 |
| 12 | Voskamp Eckart | 66 | OLV Landshut | 110:57 |
| 13 | Peißinger Klaus | 81 | Post SV Landshut | 110:58 |
| 14 | Weigold Peter | 62 | TV Osterhofen | 114:29 |
| 15 | Müller Sebastian | 88 | - Riemerling - | 127:12 |
| 16 | Hornung Alexander | 87 | - Ottobrunn - | 127:18 |
| 17 | Schöps Norbert | 60 | OLV Landshut | 130:08 |
| 18 | Glanz Werner | 52 | OLV Landshut | 160:35 |
| | Werthmann Arndt | 51 | OLV Landshut | Aufg |
| Damen Kurz (2) | | 8.3 km 150 Hm 7 P | | |
| 1 | Rathje-Kübler Ilka | 66 | OC München | 46:46 |
| 2 | Dünzinger Steffi | 75 | OLV Landshut | 58:11 |
| Herren Kurz (8) | | 8.3 km 150 Hm 7 P | | |
| 1 | Körner Ralph | 80 | OLV Landshut | 34:45 |
| 2 | Marquardt Tom | 76 | OLV Landshut | 43:22 |
| 3 | Barth Jörg | 75 | OLV Landshut | 45:17 |
| 4 | von Hirschheydt Platon | 78 | OLV Landshut | 47:53 |
| 5 | Gamel Christian | 58 | OLV Landshut | 48:09 |
| 6 | Eben Florian | 04 | ETSV 09 Landshut | 64:22 |
| 7 | Eben Josef | 60 | ETSV 09 Landshut | 65:24 |
| | Quast Janis | 00 | TSV Jetzendorf | Aufg |
| Kids (4) | | 8.3 km 150 Hm 7 P | | |
| 1 | Dünzinger Jonas | 06 | OLV Landshut | 56:16 |
| 2 | Hay Jack | 07 | OC München | 61:40 |
| 3 | Faltejsková Laura | 07 | SV Mietraching | 80:51 |
| 4 | Faltejsek Tobias | 05 | SV Mietraching | 83:35 |